

# FEBRUARY

2026



- = In Person
- = Hybrid Event
- = Zoom Only

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1

**2** AWESOME DOCUMENTARIES  
Learn the fascinating, uplifting truth about the world around us.  
2:30 – 3:30 pm

**3** TOUR OF MEDITATION PRACTICES  
New Approach  
Each Meeting  
6:15 – 7 pm  
Ages 12 & up

**4** PRODUCTIVITY HOUR  
Bring those projects you've been wanting to finish and we'll work on them together  
7 – 8 pm  
Ages 12 & up

**5** BOOSTERS, INC.  
Appreciate the accomplishments of self and others!  
Meet at Matt's El Rancho  
2613 S Lamar Blvd. 78704  
6 – 8 pm  
Please RSVP  
Members Only

**6** BIRTHDAY BASH  
Potluck Party for Henry, Dorsey, Dana, Lia and Peggy Lee  
7 – 10 pm  
Please RSVP  
Members Only

**7** COMMUNITY POTLUCK  
5 – 6 pm  
Please RSVP  
VIDEO EXPLORATIONS  
Everybody's Fine with Robert DeNiro [PG-13]  
6 – 9:30 pm  
Ages 18 & up

**Please RSVP for RSVP Events  
24 hours in advance**

Self-Esteem Month

Groundhog Day

Black History Month

Henry Beutelman's birthday

**8** PEACE SUNDAY  
Meditation for World Peace  
1 – 2 pm  
Ages 14 & up

**9** AWESOME DOCUMENTARIES  
Learn the fascinating, uplifting truth about the world around us.  
2:30 – 3:30 pm

**10** BOB ON INSTAGRAM @BEGLADMD  
Every Tuesday 12 – 1 pm

DREAMWORK  
Change how you feel about yourself  
Robert McGarey  
\$30, members  
\$25  
7 – 9 pm  
Please RSVP  
CEU's Available

**11** CHITCHAT AND CHOW  
Discussion Topic:  
Careers  
@ Bouldin Creek Cafe  
1900 S 1st, Austin, TX 78704  
512 416-1601  
11:45 am – 1 pm  
Ages 18 & up

**12** LOVE NOTE TO SELF  
Craft a Valentine's Day Card by hand & give it to yourself with love  
\$25 (supplies included), members \$15  
7 – 9 pm  
Please RSVP

**13** WHAT'S IT LIKE BEING YOU?  
Explore your inner emotional landscape and discover how it differs from others'  
\$30, members  
\$25  
7 – 9 pm  
Please RSVP

**14** VIDEO EXPLORATIONS  
Like Father with Kristen Bell [TV-MA]  
6 – 9:30 pm  
Ages 18 & up

Creative Romance Month

Lia & Peggy Lee's birthday

Valentine's Day

**15** LEAD GREAT WORKSHOPS by Robert McGarey, M.A.  
\$125, members  
\$95  
10 am – 5:30 pm  
Please RSVP  
CEU's Available

**16** AWESOME DOCUMENTARIES  
Learn the fascinating, uplifting truth about the world around us.  
Currently viewing PBS 'Nova'  
2:30 – 3:30 pm

**17** TOUR OF MEDITATION PRACTICES  
New Approach  
Each Meeting  
6:15 – 7 pm  
Ages 12 & up

**18**

**19**

**20** This Month's Theme for Videos:

RELATIONSHIPS

**21** VIDEO EXPLORATIONS  
Goodbye June with Kate Winslet [R]  
6 – 9:30 pm  
Ages 18 & up



Dorsey's birthday

Ash Wednesday

Image from Freepik.com

**22** GAMES IN THE AFTERNOON  
Group Fun Blast!  
No experience needed.  
2 – 4 pm  
Please RSVP

**23** AWESOME DOCUMENTARIES  
Learn the fascinating, uplifting truth about the world around us.  
Currently viewing PBS 'Nova'  
2:30 – 3:30 pm

**24** VISIONBOARD YOUR DREAMS  
Create a collage of images and affirmations that represent your goals.  
\$15 (supplies included), members \$10  
7:30 – 9 pm  
Please RSVP

**25** Be sure you

RSVP

for any  
RSVP activities  
24 hours in  
advance!

**26** HOW TO MAKE GREAT DECISIONS  
Learn skills that can make every decision great.  
\$30, members  
\$20  
7 – 9 pm  
Please RSVP  
CEU's Available

**27**

**28**  
All events are free and will be held via Zoom unless otherwise noted  
JOIN MEETING 512-441-8988  
PASSCODE 787779

Happy Metamour Day