OCTOBER



= In Person

= Hybrid Event

= Zoom Only

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
and will unless JOIN MEE1	vents are free be held via Zoom otherwise noted FING 512-441-89 SCODE 787779		Energy Awareness Month	BOASTERS, INC. Appreciate the accomplishments of self and others! Meet at El Mercado, 1302 S 1st St. 6 - 8 pm Please RSVP Members Only	3	VIDEO EXPLORATIONS The Life Of Chuck with Tom Hiddleston [R] 6 − 9:30 pm Ages 18 & up
This Month's Theme for Videos: RELATIONSHIPS	AWESOME DOCUMENTARIES Learn the fascinating, uplifting truth about the world around us. Currently viewing PBS 'Nova' 2:30 – 3:30 pm	TOUR OF MEDITATION PRACTICES New Approach Each Meeting 6:15 – 7 pm Ages 12 & up	WELL-LIVED LIFE Experience Dr. Gladys' new book presented by her son, Bob McGarey at WellMed Senior Center, 4715 S Lamar 1 – 2 pm	Potluck Party for Colleen, Ed, Oceanna, Daimon and Sammm 6 – 9 pm Please RSVP Members Only	This Month's Theme for Videos: RELATIONSHIPS	VIDEO EXPLORATIONS Superman 2025 with David Corenswet [PG-13] 6 – 9:30 pm Ages 18 & up
	I3 RSVP for RSVP 4 hours in advance		CHITCHAT & CHOW Discussion Topic: Spiritual Growth @ Santorini Cafe 11800 N Lamar Blvd, Austin, TX 78753 512 380-9199 11:45 am – 1 pm Ages 18 & up Daimon Sweeney's birthday	WHAT'S YOUR SUPERPOWER? Learn how to be the hero of your unique, amazing journey through life \$30, members \$20 7 - 9 pm Please RSVP	17	RSVP for any RSVP activities 24 hours in advance!
PEACE SUNDAY Meditation for World Peace 1 - 2 pm Ages 14 & up Evaluate Your Life Day	AWESOME DOCUMENTARIES Learn the fascinating, uplifting truth about the world around us. Currently viewing PBS 'Nova' 2:30 – 3:30 pm	TOUR OF MEDITATION PRACTICES New Approach Each Meeting 6:15 – 7 pm Ages 12 & up	22		24 GAMES IN THE AFTERNOON Group Fun Blast! No experience needed. 1 – 3 pm Please RSVP	
26 BOARD MEETING Help the Center grow! 2:30 – 4:30 pm	27 AWESOME DOCUMENTARIES Learn the fascinating, uplifting truth about the world around us. Currently	BOB ON INSTAGRAM @BEGLADMD Every Tuesday 12 – 1 pm	29 ME TARZAN, YOU JANE Effective Communication Between Men & Women 7 – 9 pm	Featur	e Dead Potluc ring Improv Ga umes Apprecia 3:30 — 6 pm eo Exploratio	imes ited