










JULY

-  = In Person
-  = Hybrid Event
- = Zoom Only

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 AWESOME DOCUMENTARIES Currently viewing «Nova» 2:30 – 3:30 pm Blueberries Month Ice Cream Month	2 SHORT STORY DISCUSSION GROUP 4 – 6 pm MEDITATION PRACTICES New Approach Each Meeting 6:15 – 7 pm Ages 12 & up	3	4	5	6 VIDEO EXPLORATIONS Happy Accident with Marisa Tomei 6 – 9:30 pm Ages 18 & up 
7	8 AWESOME DOCUMENTARIES Currently viewing «Nova» 2:30 – 3:30 pm Be A Kid Again Day	9 CHITCHAT AND CHOW  Discussion Topic: Relationships @ Casa de Luz 1701 Toomey Road, Austin, TX 78704 512 476-2535 11:45 am – 1 pm Ages 18 & up Cheer Up the Lonely Day	10	11 BOASTERS, INC. Appreciate the accomplishments of self and others! Meet at El Mercado, 1302 S 1st St. 7 – 9 pm Please RSVP Members Only Cheer Up The Lonely Day	12	13 VIDEO EXPLORATIONS Resurrection with Ellen Burstyn [PG] 6 – 9:30 pm Ages 18 & up 
14 PEACE SUNDAY  Meditation for World Peace with a potluck brunch 1 – 2 pm Ages 14 & up BOARD MEETING Help the Center grow! 2:30 – 4:30 pm	15 AWESOME DOCUMENTARIES Currently viewing «Nova» 2:30 – 3:30 pm	16 SHORT STORY DISCUSSION GROUP 4 – 6 pm MEDITATION PRACTICES New Approach Each Meeting 6:15 – 7 pm Ages 12 & up	17 GETTING TO KNOW YOU Fun, intriguing questions lead to unexpected insights 7 – 8 pm Please RSVP Members Only Ice Cream Day	18 EXPERIENTIAL DREAMWORK  Change how you feel about yourself and your life Robert McGarey, MA \$20, mbrs \$10 7 – 9 pm Please RSVP CEU's Available Nelson Mandela Day	19 This Month's Theme for Videos: SELF-DISCOVERY	20 VIDEO EXPLORATIONS  Dead Again with Emma Thompson [PG-13] 6 – 9:30 pm Ages 18 & up
21 WELL-LIVED LIFE BOOK CLUB  Discuss the wildly-popular new book by the Mother of Holistic Medicine. Chapters 31, 32 & 33. 2 – 3:30 pm	22 AWESOME DOCUMENTARIES Currently viewing «Nova» 2:30 – 3:30 pm	23	24 ME TARZAN, YOU JANE Effective Communication Between Men & Women 7 – 9 pm Thunder Moon	25 ASSERTIVENESS with Robert McGarey, M.A.  \$175 for four-weeks (sliding scale available), members \$150 7 – 10 pm Please RSVP CEU's Available Kathryn Ehler's birthday	26	27 Be sure you RSVP for any RSVP activities 24 hours in advance!
28 SUM FAHT An approach to integrating mind, body and spirit 10 – 11:30 am Ages 12 & up	29 AWESOME DOCUMENTARIES Currently viewing «Nova» 2:30 – 3:30 pm	30 SHORT STORY DISCUSSION GROUP Explore short stories and essays 4 – 6 pm	31	All events are free and will be held via Zoom unless otherwise noted Please RSVP for RSVP Events 24 hours in advance JOIN MEETING 512-441-8988 PASSCODE 787779		