

# JANUARY



= In Person



= Hybrid Event

= Zoom Only

| Sunday   | Monday  | Tuesday   | Wednesday   | Thursday  | Friday   | Saturday  |
|--|---|---|---|---|--|---|
| <b>1</b><br><br><b>Please RSVP for RSVP Events<br/>24 hours in advance</b>   |   | <b>2</b> SHORT STORY DISCUSSION<br>Explore short stories and essays<br>4 – 6 pm<br><br>TOUR OF MEDITATION<br>New Approach<br>Each Meeting<br>6:15 – 7 pm<br>Ages 12 & up    | <b>3</b>  | <b>4</b> BOASTERS, INC.<br>Appreciate the accomplishments of self and others!<br>Meet at El Mercado, 1302 S 1st St.<br>7 – 9 pm<br>Please RSVP<br>Members Only          | <b>5</b>   | <b>6</b> VIDEO EXPLORATIONS<br>American Symphony with Jon Batiste [PG-13]<br>6 – 10 pm<br>Ages 18 & up        |
|  | New Year's Day  |   | Soup Month  |   |  |   |
| <b>7</b>   | <b>8</b> AWESOME DOCUMENTARIES<br>Learn the fascinating, uplifting truth about the world around us. Currently viewing Great Courses: Geology<br>2:30 – 3:30 pm  | <b>9</b> CHITCHAT AND CHOW<br>Discussion Topic: Relationships @ Casa Maria 4327 S. 1st St., Austin, TX 78745 512 444-8861<br>11:45 am – 1 pm<br>Ages 18 & up                | <b>10</b> GETTING TO KNOW YOU<br>Fun, intriguing questions lead to unexpected insights<br>7 – 8 pm<br>Please RSVP<br>Members Only | <b>11</b> Be sure you<br><br>RSVP<br><br>for any RSVP activities<br>24 hours in advance!  | <b>12</b>  | <b>13</b> VIDEO EXPLORATIONS<br>Barbie with Margot Robbie [PG-13]<br>6 – 10 pm<br>Ages 18 & up                |
| Pizza Day  |   |   |   |   |  |   |
| <b>14</b> PEACE SUNDAY<br>Meditation for World Peace<br>1 – 2 pm<br>Ages 14 & up<br><br>BOARD MEETING<br>Help the Center grow!<br>2:30 – 4:30 pm | <b>15</b> AWESOME DOCUMENTARIES<br>Learn the fascinating, uplifting truth about the world around us. Currently viewing Great Courses: Geology<br>2:30 – 3:30 pm | <b>16</b> SHORT STORY DISCUSSION<br>Explore short stories and essays<br>4 – 6 pm<br><br>MEDITATION PRACTICES<br>New Approach<br>Each Meeting<br>6:15 – 7 pm<br>Ages 12 & up | <b>17</b>   | <b>18</b> WHAT'S YOUR SUPERPOWER?<br>Learn how to be the hero of your unique, amazing journey through life<br>\$20, members \$15<br>7 – 9 pm<br>Please RSVP             | <b>19</b> This Month's Theme for Videos:<br><br>NEW BEGINNINGS | <b>20</b> VIDEO EXPLORATIONS<br>The Secret: Dare To Dream with Katie Holmes [PG]<br>6 – 10 pm<br>Ages 18 & up |
|  |   |   | Martin Luther King Day  |   |  |   |
| <b>21</b> WELL-LIVED LIFE BOOK CLUB<br>Discuss the wildly-popular new book by the Mother of Holistic Medicine. Chapters 12-15.<br>2 – 3:30 pm    | <b>22</b> AWESOME DOCUMENTARIES<br>Learn the fascinating, uplifting truth about the world around us. Currently viewing Great Courses: Geology<br>2:30 – 3:30 pm | <b>23</b>   | <b>24</b>   | <b>25</b> WHAT'S IT LIKE BEING YOU?<br>Explore your inner emotional landscape and discover how it differs from others'<br>\$20, members \$15<br>7 – 9 pm<br>Please RSVP | <b>26</b>  | <b>27</b>   |
|  |   |   |   |   |  |   |
| <b>28</b> SUM FAHT<br>An approach to integrating mind, body and spirit<br>10 – 11:30 am<br>Ages 12 & up  | <b>29</b> AWESOME DOCUMENTARIES<br>Learn the fascinating, uplifting truth about the world around us. Currently viewing Great Courses: Geology<br>2:30 – 3:30 pm | <b>30</b> SHORT STORY DISCUSSION GROUP<br>Explore short stories and essays<br>4 – 6 pm  | <b>31</b> ME TARZAN, YOU JANE<br>Effective Communication Between Men & Women<br>7 – 9 pm  | <b>All events are free and will be held via Zoom unless otherwise noted</b><br><br><b>JOIN MEETING 512-441-8988<br/>PASSCODE 787779</b>                                 |  |   |
|  |   |   | Dana Lehman's birthday  |   |  |   |