















DECEMBER

2024

-  = In Person
-  = Hybrid Event
- = Zoom Only

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	2 AWESOME DOCUMENTARIES Learn the fascinating, uplifting truth about the world around us. Currently viewing PBS 'Nova' 2:30 – 3:30 pm	3 TOUR OF MEDITATION PRACTICES New Approach Each Meeting 6:15 – 7 pm Ages 12 & up	4 RADICAL MEDITATION  Undo unwanted emotional reactions in minutes. By Daimon Sweeney 6:30 – 8:30 pm Ages 18 & up Please RSVP	5 BOASTERS, INC.  Appreciate the accomplishments of self and others! Meet at El Mercado, 1302 S 1st St. 6 - 8 pm Please RSVP Members Only	6	7 VIDEO EXPLORATIONS  Book Club with Jane Fonda [PG-13] 6 – 9:30 pm Ages 18 & up	
Human Rights Month	Pam Chambers' birthday			Walt Disney's Birthday 1901			
8 This Month's Theme for Videos: JOY OF LIVING	9 AWESOME DOCUMENTARIES Learn the fascinating, uplifting truth about the world around us. Currently viewing PBS 'Nova' 2:30 – 3:30 pm	10 CHITCHAT AND CHOW  Discussion Topic: Money & Personal Growth @ Cabo Bob's Burritos 500 E. Ben White Suite D-100, Austin, TX 78704 512 432-1111 11:45 am – 1 pm	11 RADICAL MEDITATION  Undo unwanted emotional reactions in minutes. By Daimon Sweeney \$20, members \$20 6:30 – 8:30 pm Ages 18 & up Please RSVP	12 HOW TO MAKE GREAT DECISIONS  Learn skills that can make every decision great. \$30, members \$20 7 – 9 pm Please RSVP	13 BIRTHDAY BASH  Potluck Party for Kathy, John & Cristi, Kim and Heather 6 – 9 pm Please RSVP Members Only	14 VIDEO EXPLORATIONS  The Knight Before Christmas with Josh Whitehouse [PG-13] 6 – 9:30 pm Ages 18 & up	
Kim Pillsbury's birthday			Heather Rosen's birthday		Geminid Meteor Shower		
15 PEACE SUNDAY  Meditation for World Peace 1 – 2 pm Ages 14 & up	16 AWESOME DOCUMENTARIES Learn the fascinating, uplifting truth about the world around us. Currently viewing PBS 'Nova' 2:30 – 3:30 pm	17 TOUR OF MEDITATION PRACTICES New Approach Each Meeting 6:15 – 7 pm Ages 12 & up	18 RADICAL MEDITATION  Undo unwanted emotional reactions in minutes. By Daimon Sweeney \$20, members \$20 6:30 – 8:30 pm Ages 18 & up Please RSVP	19 EXPERIENTIAL DREAMWORK  Change how you feel about yourself and your life Robert McGarey, MA \$30, members \$15 7 – 9 pm Ages 18 & up Please RSVP CEU's Available	20 Be sure you RSVP for any RSVP activities 24 hours in advance!	21 VIDEO EXPLORATIONS  Journey To Bethlehem with Fiona Palomo [PG] 6 – 9:30 pm Ages 18 & up	
			Slavery Abolished 1865			Winter Solstice	
22 REIKI EXCHANGE  Share healing energies 2:30- 4:30 pm Ages 18 & up	23	24 CHRISTMAS EVE SERVICE  Non-denominational Bring your favorite inspirational selection 7 – 8:30 pm Ages 12 & up Please RSVP Members Only Christmas Eve	25 CHRISTMAS DINNER  Sign up on the list to bring your favorite yuletide dish or dessert 1:30 – 7 pm Please RSVP Members Only Chanukah Christmas Day	26	27	28	
				Kwanzaa	John McGarey's Birthday		
29 SUM FAHT An approach to integrating mind, body and spirit 10 – 11:30 am Ages 12 & up	30	31 NEW YEAR'S EVE POTLUCK PARTY  Celebrate by playing games, snacking & meditating the New Year in 7 pm – early 2025 Please RSVP Members Only	All events are free and will be held via Zoom unless otherwise noted			Please RSVP for RSVP Events 24 hours in advance	
			JOIN MEETING 512-441-8988 PASSCODE 787779				